



October Seasons Menu

Parma is committed to supporting local farmers and to use the finest ingredients available. Our Market/Seasons menu will showcase local "Farm to Table" ingredients and seasonal dishes. Chef Irina Kolosov will change the Market / Seasons menu monthly.



primo

WISCONSIN RUSSET POTATO AND ONION PIEROGI
Riverside Farms braised cabbage, cheddar jalapeño brat, crème fraiche 12



zuppa

INDEED DANDY LAGER BEER CHEESE SOUP New French rye bread croutons 6.50 cup / 8.50 bowl



pasta

RIGATONI charred escarole, white wine, Hackenmueller's hot Italian sausage 22/ primi 14



secondo

SEARED SCALLOPS Indeed Brewery Yamma Jamma sweet potato purée, Wescott apple agrodolce 32

Sourcing from our local farms and purveyors

Hackenmueller's, Robbinsdale, MN • Indeed Brewing Company, Minneapolis MN
New French Bakery, Minneapolis, MN • Riverside Farms, Elk River, MN
Silverton Russets from Wisconsin • Wescott Orchards, Elgin, MN

Featured Local Beer

Indeed Brewing Company, Dandy Lager, Minneapolis, MN (12 oz can) 9
Indeed Brewing Company, Yamma Jamma Harvest Ale, Minneapolis, MN (12 oz can) 9
Indeed Brewing Company, Let it Roll IPA, Minneapolis, MN (12 oz can) 10

Date Night

SUNDAYS

3 courses

\$50 for 2

50% off bottles of wine under \$100

Happy Tower

Monday-Friday 2:30 – 7 pm

Saturday & Sunday 5 – 7 pm

available in the Bar and Lounge

\$5 Appetizers

\$4 House Wine, Beer and Rail Drinks

Live Music

Fridays and Saturday Nights

7:30 – 10:30 pm



Antipasti

FRIED SICILIAN RICE BALLS
with mozzarella and marinara 11

SALUMI AND CHEESE PLATE
Robiola, Asiago, Prosciutto,
Capicola and Sopressata 15

SAUTEED MUSSELS with red bell
pepper, baby tomatoes and prosecco 14

FRIED CALAMARI with lemon sauce 13

BAKED SHRIMP with tomato,
feta, garlic, and Calabrian chili oil 15

BRUSCHETTA with ricotta,
grilled vegetables and herb vinaigrette 12

PARMA MEATBALLS with marinara and ricotta 12

Piadina

MARGHERITA FLATBREAD with slow roasted tomato,
sweet basil and mozzarella cheese 9

SAUSAGE FLATBREAD house-made sausage with
crimini mushrooms and provolone cheese 9

GOAT CHEESE FLATBREAD with bourbon honey,
onions and roasted grapes 9

PESCE FLATBREAD smoked trout with white wine
cream, marinated artichokes and mozzarella 9

Insalata

APPLE SALAD with romaine, red onion, candied
hazelnuts and gorgonzola dressing 11

PARMA HOUSE SALAD with arugula, cherry
tomatoes, parmigiano and lemon vinaigrette 9

CAPRESE SALAD Living Waters Garden
tomatoes, basil with burrata cheese 16

WATERMELON SALAD
with cucumbers, radish,
mint and goat cheese 13

POACHED PEAR SALAD
with baby red oak, gem lettuce,
prosciutto, walnuts, Monte Chevre
and maple vinaigrette 12

Pasta

PENNE with tomato cream, vodka and
parmigiano 18 / *primi* 14 / *add chicken* 4

CAVATELLI with Molise country
pork rib ragu 19.5 / *primi* 14.5

SPAGHETTI and MEATBALLS
with marinara 19.5 / *primi* 14.5

BUCATINI "LIMONE" with spinach, capers,
lemon and Parmigiano 19.5 / *primi* 14.5

VEAL CANNELLONI with fresh tomato
ragu and fonduta 21

RICOTTA GNOCCHI with spicy sausage
cacciatore and Castelvetro olives 19.5 / *primi* 14.5



Carne

BROILED LEMON CHICKEN
with arugula, roasted potatoes
and caramelized onions 25

CHICKEN alla PARMIGIANA
with gnocchi marinara 23

PORK OSSO BUCO
with stone fruit and fregola 30

16oz BONE-IN RIBEYE with marinated mushrooms 46

6oz CREEKSTONE BEEFTENDERLOIN with creamed
corn, spring onions and red wine reduction 38

GRASS RUN FARMS BEEF "BRASATO"
with red wine, garlic and soft polenta 26

VEAL SALTIMBOCCA with capers and purple kale 34

Pesce

SEARED BRANZINO with beluga lentils, mascarpone and soffrito 34

PLANKED SALMON with grilled zucchini and roasted tomatoes 32

LINGUINE with clams, white wine and garlic 24

PAN-SEARED HALIBUT PICCATA with caramelized gnocchi 36

SCALLOPS with crispy potatoes, bacon, garlic,
escarole and white wine 34

ORECCHIETTE with shrimp, feta, Calabrian chili and lemon 26

Contorni

RISOTTO PARMIGIANO 9

SOFT POLENTA 9
add country pork ragu 2

BRUSSELS SPROUTS 9

GRATIN with gorgonzola, provolone
and sweet potatoes 10

GRILLED ASPARAGUS 9

CREAMED CORN 9

Dolce

PARMA SUNDAE with amarena cherry,
pistachio and hot fudge 8

BUTTERSCOTCH PANNA COTTA
with sea salt-chocolate shortbread 8

HOUSE-MADE CANNOLI
with lemon ricotta cheesecake
and toasted almond toffee 8

DARK CHOCOLATE AMARETTI
MOUSSE TORTE with fresh berries 8

ORANGE ALMOND BREAD AND BUTTER
PUDDING with wild blueberry compote 8

GELATI OR SORBETTI
with chocolate-dipped pizzelle 7.5



Parma Cocktails

MODERN MANHATTAN 12

Parma Infused Lexington Bourbon, Tosti Rosso, Angostura and Bitter Cube Cherry Bark Vanilla Bitters, Luxardo Cherry Garnish

CREMA DI LIMONCELLO 12

Aviv Vodka, Gioia Luisa Limoncello Crema, Lemon, House Made Vanilla Bean Lemon Sugar Rim

THE NEW APEROL SPRITZ 12

North Shore Distillery Distiller's Gin No. 11, Aperol, Lemon, Prosecco

8200 BELLINI 10

Canella Bellini or Blood Orange Liqueur, Prosecco

MARGARITA DI CAMPANIA 12

1800 Silver Reserva Tequila, Strega, Lemon, Lime, Citrus Salt Rim

SWEET AND SMOKING BULLEIT 14

Bulleit Rye, Bourbon Barrel Honey, Whisky-Smoked Sugar, Angostura Bitters, Orange, Burnt Lemon

PARMA ORGANICO 12

Prairie Organic Gin, Lime, Celery, Cucumber, Seltzer

NEGRONI LIMON 12

Beefeater Gin, Parma Infused Campari, Tosti Rosso, Orange

Birra

DRAFT

Fulton, Lonely Blonde, Minneapolis, Minnesota 7

Summit, EPA, St. Paul, Minnesota 7

Great Lakes, Eliot Ness Amber, Cleveland, Ohio 7

Sierra Nevada, Seasonal Selection, Chico, California 8

Bent Paddle, Seasonal Selection, Duluth, MN 8

Clown Shoes, Seasonal Selection, Ipswich, Massachusetts 8

BOTTLED

Michelob Golden Light, US 5

Budweiser, US 5

Grain Belt Nordeast, Minnesota 5

Coors Light, US 6

O'Doul's Amber NA, US 6

Amstel Light, Netherlands 7

Peroni, Italy 7

Stella Cidre, Belgium 7

Stella Artois, Belgium 7

Goose Island, Sofie, Belgian-Style Farmhouse Ale, Illinois 7

Guinness, Ireland 8



Glass Uno

SPARKLING	6 oz
Prosecco, Astoria Lounge, Veneto, Italy NV	9.5
Moscato Spumante, Colli Euganei, Veneto, Italy 2014	9.5
Rose Brut, Roederer Estate, Anderson Valley, California NV	15
WHITE WINES	
Pinot Grigio, Ca' Donini, Veneto, Italy 2014	9
Sauvignon Blanc, 13 Celsius, Marlborough, New Zealand 2014	10.5
Pinot Bianco, Alois Lageder, Alto Adige, Italy 2014	10.5
Orvieto Classico, Santa Cristina, 'Campogrande,' Umbria, Italy 2014	9.5
Gavi di Gavi, Araldica, Piedmont, Italy 2014	9.5
Riesling, Anew, Columbia Valley, Washington 2012	10
Chardonnay, 10 Span, Central Coast, California 2013	9
Chardonnay, Vigin, Langhe, Piedmont, Italy 2014	11
Chardonnay, Cuvaision, Carneros, California 2013	14.5
RED WINES	
Pinot Noir, Castle Rock Cuvee, California 2013	9
Barbera, Marchesi di Barolo, 'Maraia,' Piedmont, Italy 2014	10
Pinot Noir, Argyle, Willamette Valley, Oregon 2014	13.5
Chianti, Castelvechio, 'Santa Caterina,' Tuscany, Italy 2013	9
Cabernet Sauvignon, Horse Heaven Hills, Columbia Valley, Washington 2013	9.5
Merlot, Cannonball, Sonoma County, California 2013	11
Red Blend, If You See Kay, Lazio, Italy NV	12
Cabernet Sauvignon, Twenty Bench, Napa Valley, California, 2014	14
Syrah, Boomtown, Columbia Valley, Washington 2012	10

Non-Alcoholic

Acqua Panna Natural liter 6 / half liter 4.5	Red Bull 4
San Pellegrino Sparkling liter 6 / half liter 4.5	Limonata 4
	Aranciata 4
	Dry vanilla bean soda 4
	Fresh-squeezed lemonade 3.5
	Fresh-squeezed strawberry lemonade 4
	Fresh-brewed iced tea 3.25
	Coke, Diet Coke, Minute Maid Light lemonade, Barq's root beer, Sprite, Diet Sprite 3.25



SPARKLING

bin #		bottle
1005	Prosecco, Astoria Lounge, Veneto, Italy NV	36
1010	Moscato Spumante, Colli Euganei, Veneto, Italy 2014	38
1015	Prosecco, Adami, 'Gabriel 13,' Veneto, Italy NV	46
1020	Rose Brut, Roederer Estate, Anderson Valley, California NV	60
1025	Franciacorta, Ca' del Bosco, 'Cuvee Prestige,' Lombardy, Italy NV	72
1030	Brut Sparkling, Argyle, Willamette Valley, Oregon 2006	85
1035	Champagne Brut, Veuve Clicquot, Reims, France NV	120
1037	Ca' del Bosco, 'Cuvee Annamaria Clementi,' Lombardy, Italy 1993	200
1040	Champagne Brut, Dom Perignon, Eprenay, France 2005	325

BRIGHT WHITES

bin #		bottle
2005	Pinot Grigio, Ca'Donini, Veneto, Italy 2014	36
2022	Vernaccia di San Gimignano, Fontaleoni, Tuscany, Italy 2013	40
2025	Sauvignon Blanc, 13 Celsius, Marlborough, New Zealand 2014	42
2030	Pinot Grigio, Zenato, Venezia, Italy 2014	42
2035	Pinot Bianco, Alois Lageder, Alto Adige, Italy 2014	44
2050	Pinot Gris, A to Z, Willamette Valley, Oregon 2013	45
2045	Pinot Grigio, Pierpaolo Pecorari, Venezia Giulia, Italy 2013	47
2060	Sauvignon Blanc, Fattori, 'Vecchie Scuole,' Venezia, Italy 2013/14	50
2070	Sauvignon Blanc, Duckhorn Vineyards, Napa Valley, California 2013	60
2075	Roero Arneis, Bruno Giacosa, Piedmont, Italy 2007/10	75

FOCUSED WHITES

bin #		bottle
3001	Orvieto Classico, Santa Cristina, 'Campogrande,' Umbria, Italy 2014	38
3002	Gavi di Gavi, Araldica, Piedmont, Italy 2014	38
3003	Rose of Nebbiolo, Poderi la Collina, Piedmont, Italy 2014	40
3005	Riesling, Anew, Columbia Valley, Washington 2012	40
3015	Soave Classico, Inama, Veneto, Italy 2012	45
3020	Vermentino, Argiolas, 'Costomolino,' Sardinia, Italy 2011	45
3025	Vernaccia, Terruzi & Puthod, 'Terre di Tufi,' Tuscany, Italy 2011	50
3030	Falanghina, Tenuta Rocca Dei Leoni, 'Villa Matilde,' Campania, Italy 2010/14	52
3026	Greco Di Tufo, Colli di Lapio, 'Alexandros,' Campania, Italy 2011/13	55
3035	Gavi di Gavi, La Scolca, 'White Label,' Piedmont, Italy 2012	60

BOLD WHITES

bin #		bottle
4005	Chardonnay, 10 Span, Central Coast, California 2014	36
4015	Chardonnay, Vigin, Langhe, Piedmont, Italy 2014	44
4020	Chardonnay, Talbott, 'Kali Hart,' Monterey, California 2013	45
4045	Chardonnay, Castello della Sala, 'Bramito del Cervo,' Umbria, Italy 2013/14	55
4046	Chardonnay, Cuvaision, Carneros, California 2013	58
4050	Chardonnay, St. Innocent, 'Freedom Hill Vineyard,' Willamette Valley, Oregon 2013/14	66
4060	Chardonnay, Mer Soleil Reserve, Santa Lucia Highlands, California 2012	85
4070	Chardonnay, Ramey Wine Cellars, Russian River Valley, California 2012	90
4080	Chardonnay, Planeta, Sicily, Italy 2011/13	100
4085	Chardonnay, Marchesi Antinori, 'Cervaro della Sala,' Umbria, Italy 2009	130



SILKY REDS

bin #		bottle
5005	Pinot Noir, Castle Rock Cuvee, California 2013	36
5010	Barbera, Marchesi di Barolo, 'Maraia,' Piedmont, Italy 2014	40
5020	Barbera d'Asti, Vietti, 'Tre Vigne,' Piedmont, Italy 2013	50
5027	Pinot Noir, Argyle, Willamette Valley, Oregon 2014	54
5025	Dolcetto d'Alba, Sori Paitin, Piedmont, Italy 2013	55
5030	Pinot Noir, Saintsbury, Carneros, California 2012	70
5035	Barbera d'Alba, Conterno Fantino, 'Vignota,' Piedmont, Italy 2011	75
5045	Pinot Noir, Patz & Hall, Sonoma Coast, California 2013	85
5050	Pinot Noir, Ken Wright Cellars, 'Shea Vineyard,' Yamhill-Carlton, Willamette Valley, Oregon 2012	105
5051	Pinot Noir, Paul Hobbs, Russian River Valley, California 2012	125

RICH REDS

bin #		bottle
6005	Chianti, Castelvechio, 'Santa Caterina,' Tuscany, Italy 2013	36
6010	Rosso Piceno, Saladini Pilastrini, Marche, Italy 2014	40
6012	Montepulciano d'Abruzzo, Barone di Valforte, Abruzzo, Italy 2013	45
6015	Cannonau di Sardegna Riserva, Sella & Mosca, Sardinia, Italy 2009/10	45
6020	Nebbiolo, Anzivino, Piedmont, Italy 2010	52
6036	Rosso di Montefalco, Arnaldo-Capri, Umbria, Italy 2010/12	55
6040	Nero d'Avola, Morgante, Sicily, Italy 2012	56
6045	Aglianico, Feudi di San Gregorio, 'Rubrato,' Campania, Italy 2012	60
6050	Chianti Classico, Podere Il Palazzino, 'Argenina,' Tuscany, Italy, 2010/11	60
6055	Nebbiolo, Vietti, 'Perbacco,' Langhe, Piedmont, Italy 2012	65
6065	Morellino di Scansano, Fattoria Le Pupille, Tuscany, Italy 2011	65
6077	Vino Nobile di Montepulciano, Dei, Tuscany, Italy 2011/12	75
6076	Nebbiolo, Conterno Fantino, 'Ginestrino,' Langhe, Piedmont, Italy 2009	80
6075	Sagrantino di Montefalco, Terre de Trinci, Umbria, Italy 2006	80
6080	Barbaresco, Produttori del Barbaresco, Piedmont, Italy 2012	85
6085	Nebbiolo d'Alba, Bruno Giacosa, Piedmont, Italy 2009	95
6086	Vino Nobile di Montepulciano Riserva, La Braccessa, 'Santa Pia,' Tuscany, Italy 2006	95
6087	Nero d'Avola, Planeta, 'Santa Cecilia,' Sicily, Italy 2007	110
6090	Barolo, Prunotto, Piedmont, Italy 2009	110
6093	Barolo, Francesco Rinaldi & Figli, 'Cannubi,' Piedmont, Italy 2010	135
6095	Barolo, Pio Cesare, Piedmont, Italy 2008	145

OPULENT REDS

bin #		bottle
7005	Cabernet Sauvignon, Horse Heaven Hills, Columbia Valley, Washington 2013	38
7006	Merlot, Seven Falls, Columbia Valley, Washington 2011/12	40
7007	Merlot, Cannonball, Sonoma County, California 2013	44
7020	Red Blend, If You See Kay, Lazio, Italy NV	48
7010	Super Tuscan, Avignonesi, 'Cantalore,' Tuscany, Italy 2013	50
7030	Merlot, Marco Felluga, 'Varneri,' Collio, Italy 2011	56
7032	Cabernet Sauvignon, Twenty Bench, Napa Valley, California, 2014	56
7035	Rosso di Montalcino, Agostina Pieri, Tuscany, Italy 2013	65
7036	Cabernet Sauvignon, Decoy by Duckhorn, Napa Valley, California 2013	70
7037	Red Blend, Stag's Leap Wine Cellars, 'Hands of Time,' Napa Valley, California 2012	75
7042	Super Tuscan, Gaja, 'Promis,' Bolgheri, Tuscany, Italy 2012	76



OPULENT REDS *continued*

bin #		bottle
7043	Cabernet Sauvignon, Round Pond, 'Kith & Kin,' Napa Valley, California 2013	80
7045	Valpolicella Ripasso, Speri, Veneto, Italy 2013	80
7047	Merlot, Pine Ridge Vineyards, 'Crimson Creek,' Napa Valley, California 2008	85
7046	Red Blend, Prisoner, Napa Valley, California 2013	89
7055	Super Tuscan, Terrabianca, 'Campaccio,' Tuscany, Italy 2009	90
7048	Cabernet Sauvignon, Trefethen, Napa Valley, California 2012	95
7051	Cabernet Sauvignon, Turnbull Estate, Napa Valley, California 2012	99
7056	Brunello di Montalcino, Flavio Fanti, 'La Palazzetta,' Tuscany, Italy 2009	105
7050	Cabernet Sauvignon, Paul Hobbs, 'Crossbarn,' Napa Valley, California 2012	115
7057	Red Blend, Gaja, 'Sito Moresco,' Langhe, Piedmont, Italy 2011/12	125
7058	Cabernet Sauvignon, Stag's Leap Wine Cellars, 'Artemis,' Napa Valley, California 2012/13	125
7067	Cabernet Sauvignon, Isole e Olena, Tuscany, Italy 2000	140
7080	Brunello di Montalcino, Tenuta Friggaiali, Tuscany, Italy 2001	140
7070	Brunello di Montalcino, Marchesi Antinori, 'Pian delle Vigne,' Tuscany, Italy 2009	145

JUICY REDS

bin #		bottle
8005	Primitivo, Passitvo, Puglia, Italy 2013	40
8007	Syrah, Boomtown, Columbia Valley, Washington 2012	40
8010	Syrah, Cline Cellars, Sonoma County, California 2014	40
8012	Petite Sirah, Concannon, 'Conservancy,' Livermore Valley, California 2010/12	45
8025	Mourvedre, Cline Cellars, 'Ancient Vines,' Contra Costa County, California 2012/13	50
8035	Zinfandel, Ridge, 'Three Valleys,' Sonoma County, California 2013	65

Reserve List

bin #		bottle
9040	Cabernet Sauvignon, Caymus Vineyards, Napa Valley, California 2012/13	175
9080	Cabernet Sauvignon, Plumpjack, Oakville, Napa Valley, California 2009	195
9085	Cabernet Sauvignon, Brandlin, 'Henry's Keep,' Mount Veeder, Napa Valley, California 2011	205
9095	Super Tuscan, Monteverdine, 'Le Pergole Torte,' Tuscany, Italy 2011	210
9035	Amarone della Valpolicella, Tommaso Bussola, 'TB,' Veneto, Italy 2001	225
9070	Brunello di Montalcino, Tenuta il Poggione, Tuscany, Italy 2009/10	150
9075	Brunello di Montalcino, Castello di Romitorio, Tuscany, Italy 2004	210
9043	Nebbiolo, Le Piane, Boca, Piedmont, Italy 2001/03	150
9044	Nebbiolo, Coste della Sesia, 'Lessona,' Piedmont, Italy 2006/08	165
9055	Barbaresco Riserva, Produttori del Barbaresco, 'Rabaja,' Piedmont, Italy 2007	150
9060	Barbaresco Riserva, Produttori del Barbaresco, 'Muncagota,' Piedmont, Italy 2007	150
9090	Barolo, Gaja, 'DaGromis,' Piedmont, Italy 2010	200
9045	Barbaresco, Pelissero, Piedmont, Italy 1997	250